

WE ARE GROWING TO CARE FOR YOU BETTER!



Meet Our New Providers!

**Oak Street Medical**
PRAXIS HEALTH

Megan Haughton, DO

📍 1426 Oak Street
Eugene, OR 97401

Quick Facts

- Board-certified family medicine physician with training from Pacific Northwest University and Full Circle Health, where she served as chief resident.
- Former Peace Corps volunteer in rural Guatemala, dedicated to community-based, relationship-centered care.
- Clinical interests include preventive care, chronic disease management, mental health, OMT, and family-centered health.

**Pearl Street Medical**
PRAXIS HEALTH

Dominic Klosowski, MD

📍 1835 Pearl Street
Eugene, OR 97401

Quick Facts

- Earned his medical degree from Jagiellonian University in Poland and completed family medicine residency in Muskegon, Michigan, with a focus on whole-person care.
- Provides comprehensive care for patients of all ages, emphasizing preventive medicine, lifestyle changes, and holistic wellness.
- Offers dermatologic procedures, joint injections, OMT, and chronic disease management, helping patients achieve lasting health and balance.



Toni Feist, FNP

📍 1835 Pearl Street
Eugene, OR 97401

Quick Facts

- Lifelong Oregonian with over 30 years of experience providing primary care in rural communities, post-acute, and palliative care settings.
- Earned her Master of Nursing and Family Nurse Practitioner certification from OHSU, specializing in comprehensive, patient-centered care.
- Dedicated to empowering patients through mutual goal setting, illness prevention, and compassionate healthcare.



Virginia Slaughter, FNP-C

📍 1835 Pearl Street
Eugene, OR 97401

Quick Facts

- Family Nurse Practitioner with 25 years of medical experience and a Master of Science in Nursing from the University of Missouri-Kansas City.
- Dedicated to creating personalized care plans, meeting patients where they are, and empowering them through health education and advocacy.
- Recently relocated to Oregon and enjoys exploring the outdoors, attending local events, and adventuring with her dog, Grover.



Serena Luce, PA-C

📍 1835 Pearl Street
Eugene, OR 97401

Quick Facts

- Native Oregonian and University of Oregon alum with advanced PA training from Saint Francis College and an Ob/Gyn residency at Arrowhead Regional Medical Center.
- Specializes in women's health, focusing on whole-person care and patient education through all stages of life.
- Enjoys reading, gardening, cooking, and spending time with her husband, three sons, and their family pets while cheering on the Oregon Ducks



Call Us Today!

Oak Street: (541) 431-0000
Pearl Street: (541) 762-6050



Schedule Online

Scan QR Code



Keep Your Doctors. Keep Your Care.



Medicare Advantage Open Enrollment Has Started

During Medicare's Annual Enrollment Period (Oct 15 – Dec 7), you can choose a Medicare Advantage plan that lets you continue seeing your Praxis Health providers.

2026 Medicare Advantage Plans that Cover Praxis

- AARP United Healthcare
- PacificSource
- Providence
- Regence

What to do now (it's easy).

1. **Review your current coverage.** Look for your plan's Annual Notice of Change.
2. **Confirm Praxis is in network.** Search your plan's provider directory or call the number on your card.
3. **Pick a partner plan.** If needed, switch to one of the plans above to stay with your care team.
4. **Enroll by Dec 7.** New coverage typically starts Jan 1, 2026.

We are here to help.

Questions for Praxis? Call your clinic, visit GoPraxisHealth.com/clinic-locations.

Questions about coverage or costs? Call your plan directly or speak with a licensed Medicare agent.



Why Are Annual Exams Important?



Early Detection of Health Issues

Exams can help detect and diagnose medical conditions or risk factors in their early stages, such as hypertension, diabetes, or certain cancers.



Preventive Care and Vaccinations

Stay current with your vaccinations, immunizations, screenings, and counseling.



Health Monitoring and Risk Assessment

Monitor your health status over time. Track changes in your vital signs, cholesterol levels, and other key metrics to help assess your risk for various health conditions.



Establish a Relationship with Your Provider

Regular visits with your provider help establish a strong doctor-patient relationship. This rapport allows for open communication and allows you to work closely with your provider to make informed decisions about your healthcare.

Schedule an Appointment Today

[Oak Street Medical](#)

[Pearl Street Medical](#)



Get Your Flu Vaccine

According to the CDC, Flu vaccinations reduce the risk of flu illness by up to 50% among the US population during flu seasons.



Benefits of Flu Vaccinations*

- Supports flu prevention
- Reduces the severity of illness for those hospitalized with flu
- Reduces the risk of flu-related hospitalizations
- Can be a helpful tool for people with certain chronic health conditions
- Reduces children's risk of life-threatening influenza

*According to the CDC

We offer flu vaccinations for the entire community!

You do not need to be a current patient to get your flu shot. We offer flu vaccinations for ages 6 months and Up. Stay healthy this flu season!

-Your Praxis Health Team



Call to Schedule Today

Oak Street Medical

1426 Oak Street
Eugene, OR 97401

[\(541\)431-0000](tel:(541)431-0000)

OakStreetMedical.com

Pearl Street Medical

1835 Pearl Street
Eugene, OR 97401

[\(541\)762-6050](tel:(541)762-6050)

PearlStreetMedical.com

Stay Protected.

What to Know About Measles & the MMR Vaccine



Measles, mumps, and rubella can cause serious illness—but the MMR vaccine offers strong, long-lasting protection.

Who's already protected:

- Most people **born before 1957** likely have natural immunity
- Those born in **1957 or later** should have **at least one documented dose** of MMR

Who needs two doses:

Some adults are at higher risk and should receive two doses*, 28 days apart:

<input checked="" type="checkbox"/> Healthcare workers	<input checked="" type="checkbox"/> International travelers
<input checked="" type="checkbox"/> College students	<input checked="" type="checkbox"/> Close contacts of immunocompromised individuals

*Booster not required for most: If you've had both doses, you're typically covered for life.

Uncertain? Get the Vaccine Anyway

It's safe to get another dose if you're uncertain. A quick check with your pharmacy can ensure you're fully protected.